Dumfries Masters Autumn Dash 2025

(Licence Number L2/181/SS/SEP25)

28th September 2025

At

DG1 Leisure Complex

Dumfries

Dumfries
Masters Autumn Dash 2025
Level 2 meet
(Held under SASA Laws and Licence number (L2/181/SS/SEP25)
General Information

Date: Sunday 28th September 2025

Meet Director: meetentries@dumfriesasc.co.uk

Venue: DG1 Leisure Complex, Hoods Loaning, Dumfries, DG1 2HT

Pool: 8 lane 25 metre; full electronic timing with 8 lanes alphanumeric Scoreboard; anti-wave lane ropes, spectator area, vending machines, Subway

Time:

	Warm Up	Start	Finish
Session 1	09:30 – 09:55	10:00	13:00
Session 2	14:00 – 14:25	14:30	17:30

** Timings are subject to change.

Age Groups: Age groups as per published and taken as age at 31st December 2025.

Events: All events are Heat Declared Winners.

Awards: Medals for 1st, 2nd & 3rd.

Entry Fees: £5.00 per individual entry for 25m events.
£8.00 per individual entry for 50m, 100m, 200m events & 400m events.
£10.00 per relay entry.

Officials: Any Swimming Technical Officials travelling with swimmers are asked to make themselves available for assistance on the day to ensure accreditation of meet.

Eligibility: Open to all nationalities. Entrants must be registered with a FINA affiliated National Swimming body. Non GB swimmers must have authority from their governing body to swim in the event.

Closing Date: Closing for online entries noon Monday 15th September 2025.

Specific Information: The Number of heats will be limited to ensure the smooth running of the competition. Heats will be swum slowest to fastest according to entry times.

Age Groups

Individual Events

Y	16 – 17 year	D	40 – 44 year	I	65 – 69 year
X	18 – 24 year	E	45 – 49 year	J	70 – 74 year
A	25 – 29 year	F	50 – 54 year	K	75 – 79 year
B	30 – 34 year	G	55 – 59 year	L	80 – 84 year
C	35 – 39 year	H	60 – 64 year	M	85+ years

Relay (Combined Age Groups)

- 72 – 99 years
- 100 - 119 years
- 120 – 159 years
- 160 – 199 years
- 200 – 239 years
- 240 – 279 years

Entries and Withdrawals:

- Closing date for entries is **Monday 15th September 2025** late entries will not be accepted.
- All entries **must** be made online, and payment **must** be made online to complete the entry process. Any entries without payments will not be processed.
- The promoter's reserve the right to restrict entries in order to facilitate the smooth running of the meet.
- Entries will be allocated on a first come, first served basis for all events.
- Rejected entries will be refunded in full.
- Withdrawals should be sent by email to meetentries@dumfriesasc.co.uk. Entry fee refunds for withdrawals will be at Dumfries ASC discretion.
- In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Dumfries ASC. Dumfries ASC will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.

Meet Rules

- The meet shall be held under World Aquatics Rules.
- All swimmers of Scottish clubs must have a current S.A.S.A. registration number.
- All swimmers of non-Scottish clubs must be registered with their governing body.
- Swimmers must ensure that they can safely dive into deep or shallow water as prescribed by current/planned legislation. There will be no diving at the shallow end of the pool.
- Only swimmers will be admitted on to the poolside.
- No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval of the meet director. Application must be made on the approved S.A.S.A. form.
- As of the 1st January 2024 the Scottish Swimming Transgender & Non-Binary Competition Policy will be implemented nationally across all aquatics sports. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event.
- As a result by entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category. More information and advice on Health and Wellbeing for Swimmers can be found on Scottish Swimming's website https://www.scottishswimming.com/wellbeing-and-protection .

Meet Conditions:

- Over the top starts may be used at the discretion of the promoter's in order to facilitate the smooth running of the meet.
- Dumfries ASC may adjust the warm up/ start times of any of the sessions.
- All events will be swum on a Heat Declared Winner basis
- Swimmers must report to the designated marshalling area at least three heats in advance.

- The promoters reserve the right to exclude or refuse admission to any competitor, spectator or team official.
- Swimmers and coaches must not take glassware into the shower or poolside area and are liable for expulsion from the meet if found to do so.
- Dumfries ASC, DG1 Leisure Complex and Dumfries & Galloway Council take no responsibility for loss or damage to swimmers, team officials or spectators property.
- Swimmers are strongly advised to secure property in the lockers provided and not leave belongings lying around unattended. Any lockers found unlocked and containing property will have said property removed and secured by facility staff.
- Swimmers out-with the pool area must wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn on poolside.
- Anything not covered above and not printed in the meet programme will be at the promoters' discretion.

Programme of Events

Session 1
Warm Up 09:30
Start 10:00

101 Mixed 400m Freestyle
102 Mixed 25m Butterfly
103 Mixed 200m Breaststroke
104 Mixed 100m IM
105 Mixed 100 Backstroke
106 Mixed 50m Freestyle
107 Mixed 200m Butterfly
108 Mixed 25m Backstroke
109 Mixed 100m Freestyle
110 Mixed 4x50 Medley Relay

Session 2
Warm Up 14:00
Start 14.30

201 Mixed 400m IM
202 Mixed 200 Backstroke
203 Mixed 50m Butterfly
204 Mixed 100 Breaststroke
205 Mixed 50m Backstroke
206 Mixed 200m IM
207 Mixed 100m Butterfly
208 Mixed 200m Freestyle
209 Mixed 50m Breaststroke
210 Mixed 4x50 Freestyle Relay

Competitors Safety Code

It is important that all Competitors read the ‘Competitors Safety Code’ before entering the competition.

By submitting and paying for entries online the competitors confirms that he/ she has read, understood and agrees to abide by this code.

- I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in the Masters Swimming event or any other associated activities.

- Accordingly, I hereby certify that I am physically fit and well to participate in the Dumfries Masters Autumn Dash.

- I am aware of and appreciate the inherent risks involved in such a competition including the possibilities of injury and accident. I undertake to always conduct myself in a responsible and professional manner.

- I undertake at all times to use my best endeavours and compete in a safe and proper manner and not to do anything which would expose myself or fellow swimmers to unnecessary risk or injury.

- I further undertake at all times to take all reasonable safety measures for the protection of myself and fellow swimmers and to inform the Referee of any concerns I may have as regards safety.

- I acknowledge that the organisers of the Dumfries Masters Autunm Dash cannot be held responsible for any loss or damage to personal belongings and that I must take all reasonable steps against any such loss or damage.

- I hereby agree to abide by and be governed by the rules of the Meet information, Scottish Swimming and all other laws and restrictions applicable.

- I am aware that it is prohibited to use mobile phones or camera devices in the showers, changing areas, or toilets at DG One Leisure Complex.

Dumfries Masters Autumn Dash 2025
Sunday 28th September 2025

Relay Team Lines

Name of Competitor	Date of Birth
1:	
2:	
3:	
4:	

Club	
Event	
Age Category	

Age categories are : 72+, 100-119, 120-159, 160-199, 200-239, 240-279.
Team lines can be submitted to meetentries@dumfriesasc.co.uk at the earliest possible convenience.
Paper copies of team lines will be available at the Meet Information desk on the day of competition.
Team lines will not be accepted any later than the end of Session 1 on the day of competition.